

American Tribal Style

# Belly Dance

With Carrie Moore

## Level 1 - Dance Fundamentals

- ⦿ 6 - Week Workshop
- ⦿ Tuesdays ~ 7:45 - 8:45 PM
- ⦿ Oct. 20 - Nov. 24 ~ \$90

Using both slow movements and fast steps we'll get you dancing in your first class. We'll explore basic movements and group formations including posture and body awareness, zils (finger cymbals) and music. No experience necessary. Zils available for purchase.

See website for more details



PHOTO BY LOREN HOLMES

243 - YOGA (9642)

LaughingLotusAnchorage.com